# CLOUD CAMPUS <br> <br> 5-DAY MEAL BAG 

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## COLD BAG ITEMS <br> FROZEN BAG ITEMS

(Produce, Milk, Sides)
1/2 Gallon LF White Milk
32 oz Vanilla Yogurt
1 carton Strawberries
1 carton of Blackberries
1 lb of Carrots
1 individual cereal
(5 Breakfasts \& 5 Lunches)
1 Benefit Bar
1 Bagel
1 Blueberry Muffin
1 Belgian Waffle
1 Cheese Pizza Sliders
1 Bean \& Cheese Burrito
1 Cheese Quesadilla with mild
Chilis
1 Sunbutter Sandwich
1 Macaroni \& Cheese Bowl
$1100 \%$ Fruit Juice


## STORAGE, PREP \& HEATING INSTRUCTIONS

Frozen Foods: store in freezer immediately
Cold Foods: Eat immediately or refrigerate within 2 hours Fresh Produce: Wash all fresh produce before consumption; store in the refrigerator within 2 hours
Cooking Instructions: Remove packing. Microwave or heat until piping hot (165 F). Caution when handling hot food. Discard leftovers.

