

February Menu 2023



Monday	Tuesday	Wednesday	Thursday	Friday
Adult Lu	for EUSD students unch: \$5.00 akfast: \$3.00	Cheese Quesadilla V Chicken Tenders Yogurt & Granola V GF	Organic Grass Fed Beef Bolognese Pasta EUSD Cheese Pizza Benefit Bar & String Cheese	Grass fed Beef Hamburger Veggie Burger V Warm Pretzel & Cheese Sauce V Yogurt & Granola V Snickerdoodle Cookie V
Macaroni & Cheese V W EUSD Cheese Pizza V Yogurt & Granola V ©	Organic Beef Taco on Soft Flour Tortilla Chips Cheese Tamale & Tortilla Chips Sunbutter Sandwich & String Cheese	Grilled Cheese Sandwich V Orange Chicken & Brown Rice Yogurt & Granola V	Chicken & Waffles EUSD Cheese Pizza V Benefit Bar & String Cheese V	Brunch for Lunch Mozzarella Breadsticks & Marinara V Yogurt & Granola V Chocolate Brownie V
13	14	15	16	17
Pasta with Butter Parmesan Sauce V B EUSD Cheese Pizza V Yogurt & Granola V C	Chicken Tenders Bean & Cheese Burrito V Sunbutter Sandwich & String Cheese V	Cheese Quesadilla V Macaroni & Cheese V V Yogurt & Granola V B	Breaded Chicken Drumstick with Potato Wedges & Dinner roll EUSD Cheese Pizza V B Benefit Bar & String Cheese V	Grass Fed Beef Hotdog Veggie Burger V Macaroni & Cheese V Yogurt & Granola V Chocolate Chip Cookie V
Pasta with Butter Parmesan Sauce	Chicken Tenders Bean & Cheese Burrito	Cheese Quesadilla V Macaroni & Cheese V Yogurt & Granola V 22	Breaded Chicken Drumstick with Potato Wedges & Dinner roll EUSD Cheese Pizza V Benefit Bar & String Cheese V	Veggie Burger V Macaroni & Cheese V Yogurt & Granola V Chocolate Chip Cookie V 24
Pasta with Butter Parmesan Sauce V BEUSD Cheese Pizza W V Yogurt & Granola V CF	Chicken Tenders Bean & Cheese Burrito V Sunbutter Sandwich & String Cheese V	Cheese Quesadilla V Macaroni & Cheese V W Yogurt & Granola V ©	Breaded Chicken Drumstick with Potato Wedges & Dinner roll EUSD Cheese Pizza V B Benefit Bar & String Cheese V	Veggie Burger∜ Macaroni & Cheese√∰ Yogurt & Granola√∰ Chocolate Chip Cookie√



- -Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com.
- -Lunch includes: I entrée, locally sourced milk, assorted fruits/veggies and any side items -Food Allergies:
 - Most Gluten free entrées are gluten free without the bread/bun/tortilla/etc. Corn tortillas available upon request. We serve gluten free items but our kitchens are not gluten free facilities.

Crispy Chicken Sandwich Baja Fish Taco with Tortilla Chips

Sunbutter Sandwich & String Cheese V

- We do not serve food that contains nuts, however, we are not a true nut free facility. Items may be processed in facilities that also process <u>nuts</u> and other
- If your child may need a special meal accommodation, please fill out the Request for Special Meals Form on or Child Nutrition Website and return to your school nurse: http://www.eusd.net/child-nutrition-services/studentmenus-nutrition-and-allergen-information/

**Menus are subject to change without notice

EUSD Spaghetti & Marinara

EUSD Cheese Pizza

Yogurt & Granola √

All Fruit Popsicleè

This institution is an equal opportunity provider

Breakfast Menu

Breakfast is served at every school from 7:30-8:00 am daily. Breakfast includes a choice of Entrée, Fruit, Milk, String Cheese & Yogurt

Monday: Sweet Potato Chocolate Chip Muffin Assorted Cereal

Tuesday: Banana Bread Assorted Cereal

Wednesday: Mini Pancakes

Assorted Cereal Thursday: Maple Belgian Waffle

Assorted Cereal

Friday: Blueberry Muffin Assorted Cereal

Contains Pork: Gluten Free: 65 Vegetarian: ∨ Scratch-made Fresh Daily:

Daily Salad Bar:

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic lettuce and seasonal veggies!

Mondays: California Grown Halos Tuesdays: Super Sliced Apples & Jicama Wednesdays: Cantaloupe & Sliced Cucumbers Thursdays: Petite Bananas Fridays: Locally Grown Cara Cara Orange Slices

Various dressings are offered daily including a @ option.