

Meatless Monday		Taco Tuesday		Wacky Wednesday		California Thursday		Friday Favorites	
<p>Spring Break April 1st - April 12th</p>									
15		16		17		18		19	
Cheesy Lasagna Roll-up & Marinara ✓ Veggie Burger ✓ Scratch-made Cheese Pizza ✓ Yogurt ☉ & Granola ✓ Natural Fruit Popsicle ✓		Bean & Rice Burrito Bowl ☉ ✓ Chicken & Waffles Crispy Chicken Breast Sandwich Sunbutter Jelly Sandwich + String Cheese ✓		Orange Chicken & Brown Rice Scratch-made Cheese Quesadilla ✓ Scratch-made Beef & Cheese Quesadilla NEW! Zeezee Bar, String Cheese & Applesauce ✓		BBQ Chicken & Mashed Potatoes ☉ Scratch-Made Hawaiian Pizza ☹ Scratch-Made Cheese Pizza ✓ Sunbutter Jelly Sandwich + String Cheese ✓		Natural 100% Beef Hamburger ☉ or Cheeseburger Scratch-made Pepperoni Pizza ☹ Scratch-made Cheese Pizza ✓ Organic Z Bar + Yogurt & Raisins ✓ EUSD Chocolate Chip Cookies ✓	
Earth Day! 22		23		24		25		26	
Scratch-made Bean & Cheese Burrito ✓ Scratch-made Pineapple Pizza ✓ Scratch-made Cheese Pizza ✓ Yogurt ☉ & Granola ✓ Natural Fruit Popsicle ✓		Baja Fish Taco w/ Alaskan Pollock Bean & Cheese Pupusa ☉ ✓ Crispy Chicken Tenders Sunbutter Jelly Sandwich + String Cheese ✓		Orange Chicken & Brown Rice Scratch-made Grilled Cheese Sandwich ✓ Zeezee Bar, String Cheese & Applesauce ✓		Fiesta Nacho Tower ☉ with Slow Roasted Carnitas ☹ Scratch-made Sausage Pizza- NEW! Scratch-made Cheese Pizza ✓ Sunbutter Jelly Sandwich + String Cheese ✓		EUSD Spaghetti with Farm Marinara, Parmesan & Garlic Bread ✓ Scratch-made Pepperoni Pizza ☹ Scratch-made Cheese Pizza ✓ Organic Z Bar + Yogurt & Raisins ✓ EUSD Oatmeal Raisin Cookies ✓	
29		30							
Scratch-made Mac & Cheese ✓ Veggie Burger ✓ Scratch-made Cheese Pizza ✓ Yogurt ☉ & Granola ✓ Natural Fruit Popsicle ✓		Crunchy Turkey Taco ☉- NEW! Chicken Chile Verde Tamale ☉ Yogurt & Berry Parfait ☉ with Granola ✓ Sunbutter Jelly Sandwich + String Cheese ✓							

Salad Bars: Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown organic Lettuce and seasonal veggies!

Mondays: Regionally Grown D'Anjou Pears & Jicama
Tuesdays: Super Sliced Apples
Wednesdays: Locally Grown Minneolas & Sliced Cucumbers
Thursdays: Sliced Watermelon
Fridays: Regionally Grown Halo Mandarins

Various dressings are offered daily including a ☉ option.



Breakfast: Served Daily at OK & PEC
 Breakfast served before school, 7:30-8:00 am
 Student Paid Price: \$2.00, Adult Paid Price: \$3.00

Menu:

-Oatmeal	-Harvest Oatmeal Chewy Bars
-Yogurt & Granola	-Assorted WG Cereal
-Bagel & Cream Cheese	-Muffin Tops
-Healthy Cinnamon Crumble	-String Cheese
-Maple Mini Pancakes	-Buttermilk Bars
-Egg & Cheese Wrap	

Includes a choice of milk, 100% fruit juice and fresh fruit

☹: Contains Pork ☉: Gluten Free ✓: Vegetarian

Harvest of the Month
"Locally Grown Minneolas"

In April, students will enjoy locally grown Minneolas Oranges from Pala, CA. Minneolas are sweet and slightly tart oranges that are known for their elongated "neck." They are packed full of Vitamin C and will be on all school salad bars every Wednesday this month!

Lunch Prices:
 Students \$4.00
 Adults \$5.00,
 Adult Salad Bar \$4.50

Take 3 of the 5 food components of the 5 food groups every day.

- 1 Fruit
- 2 Veggies
- 3 Grains
- 4 Meats (plant or cheese)
- 5 Milk

- Online Meal Payments, School Menus & Nutrition facts, visit our new Mobile Menu App at: www.schoolcafe.com. Free and Reduced-Price meal applications are available online at www.schoolmealapp.com, at the school office, or by contacting Child Nutrition Services at 760.944.4300 x 2572.
- Lunch includes: salad bar, locally sourced milk, entrée and any side items. Gluten free entrées are gluten free without the bun/tortilla/etc.
- Items may be processed in a facility that also processes nuts and other allergens. We serve gluten free items but our kitchens are not gluten free facilities.
 This institution is an equal opportunity provider. Menus are subject to change without notice

