



101 S. Rancho Santa Fe Road  
Encinitas, CA 92024-4349  
Phone: (760) 944-4300  
FAX: (760) 942-7094  
[www.eusd.net](http://www.eusd.net)

### School Entry Health Checkup Requirement

Dear Parent or Guardian:

California State Law (AB2068) established the Child Health and Disability Prevention (CHDP) Program. The intent of this program is to prevent, diagnose and correct many health problems found in children. The law requires that all children have a health examination upon entering school.

- All children must have a completed *School Entry Health Exam* form on file in the school office by November of their first grade year.
- Health exams completed between 18 months before first grade or up to 90 days after starting first grade will meet the state requirement.
- If parents do not wish to have their child examined, they must complete and sign the *Waiver of Medical Examination* section on the bottom of the form.

Please submit the completed [School Entry Health Checkup Requirement](#) form to your child's school health office. If you cannot take your child for this required assessment, please indicate the reason in the Waiver of Medical Examination section at the bottom of the form.

Your child can get this exam at no cost if he/she is eligible for Medi-Cal or if your family meets certain income requirements. For information on the income requirements and/or to find a doctor who can provide a well-child exam, call **(619) 692-8808**.

The Child Health and Disability Prevention Program Provider Directory can be found at <https://www.sandiegocounty.gov/content/dam/sdc/hhsa/programs/phs/MCFHS/CHDP/June%202018%20Provider%20Directory.pdf>

If you have any questions concerning this requirement, please contact your school nurse.

Thank you for your cooperation.

Sincerely,

Denise Donar, MPH, RN  
District School Nurse (FV, LCH, ME, OK)  
(760) 518-7902      [denise.donar@eusd.net](mailto:denise.donar@eusd.net)

Karen Shuff, BSN, RN  
District School Nurse (CAP, ECC, OPE, PDL, PEC)  
(760) 504-6465      [karen.shuff@eusd.net](mailto:karen.shuff@eusd.net)

## School Entry Health Exam Requirement

Early and regular **health check-ups** can prevent, find, and treat many health problems before they become serious. That is why California has a **law** that says all children **must** have a health checkup within **18 months before first grade or up to 90 days after starting first grade**. Your child must also have certain immunizations, or shots, for school. Your doctor will be able to check your child's immunization record and see what shots are needed during the health checkup. Your doctor will complete this form. You must return this completed form to your child's school.

**If you are not able to pay for this check-up**, please call the County of San Diego Maternal Child and Family Health Services (MCFHS) to find out if your child is eligible for a health check-up at no-cost. MCFHS can also provide information on medical and dental insurance.

### 619-692-8808

#### PART I – TO BE FILLED OUT BY THE PARENT/GUARDIAN

Child's Last Name:	First Name:	Middle Initial:
Birth Date (mm/dd/yyyy):	School Name:	
Home Address (Number, Street):	City:	Zip:
<input type="checkbox"/> I want the medical provider to complete <b>Part II only</b> .		

#### PART II – TO BE FILLED OUT BY THE MEDICAL PROVIDER

Tests and Evaluations			Date of Exam	MEDICAL PROVIDER INFORMATION
Height _____ inches	Weight _____ lbs _____ ozs	BMI Percentile _____ %		
Health/Development History				Name, Address, and Telephone Number:      
Physical Examination				
Nutritional Evaluation				
Vision Screening				
Audiometric Screening				
Blood Test for Anemia				
Oral Health Screening				
Tuberculin (TB) Risk Assessment /Skin Test				Signature of Medical Professional / Date

**DOES CHILD HAVE A COMPLETED AND UPDATED YELLOW CALIFORNIA IMMUNIZATION RECORD?**     **Yes**     **No**

#### PART III – TO BE FILLED OUT BY THE MEDICAL PROVIDER

**Other health information (optional):** For child's welfare and with the permission of the parent or guardian, it is recommended that significant health information be shared with the school. *Please contact the school nurse if child needs help with medication at school.*

Parent requests Part III not to be filled out  
 The examination revealed no conditions of importance to school or physical activity.  
 Conditions that need further evaluation or that can affect school or physical activity are (please explain below)

#### WAIVER OF MEDICAL EXAMINATION

I have been told about the medical examination recommended by health professionals and required by State law. I have also been given information on no-cost medical examinations that my child may be eligible for, if such assistance is needed.

**I do not want** my child to receive a medical examination  
 **I do want** my child to receive a medical examination, **but I am unable to get it because** \_\_\_\_\_

\_\_\_\_\_  
*Signature of Parent or Guardian*

\_\_\_\_\_  
*Date*

County of San Diego, Health and Human Services Agency, 3851 Rosecrans St., Ste. 522, San Diego, CA 92110  
**For more information, please call (619) 692-8808**

