

Meatless Monday	Taco Tuesday	Wacky Wednesday	California Thursday	Friday Favorites
❤️	❤️	❤️	1	2
			Grass Fed Organic Beef Bolognese Pasta Scratch-Made BBQ Chicken Pizza Scratch-Made Cheese Pizza ✓ Sunbutter Jelly Sandwich + String Cheese ✓	Natural 100% Beef Hamburger (GF) or Cheeseburger Scratch-Made Pepperoni Pizza Scratch-Made Cheese Pizza ✓ Yogurt (GF) & Granola ✓ EUSD Black Bean Brownies ✓
5	6	7	8	9
Mini Cheese Ravioli & Marinara ✓ Scratch-Made Pineapple Pizza ✓ Scratch-Made Cheese Pizza ✓ Yogurt (GF) & Granola ✓ Natural Fruit Popsicle ✓	Bean & Rice Burrito Bowl (GF) ✓ Chicken & Waffles Chicken Chile Verde Tamale Sunbutter Jelly Sandwich + String Cheese ✓	Orange Chicken & Brown Rice Scratch-Made Cheese Quesadilla ✓ Yogurt (GF) & Granola ✓	Mighty Chicken Meatball Sub or Chicken Meatballs & Marinara (GF) Scratch-Made Hawaiian Pizza 🐷 Scratch-Made Cheese Pizza ✓ Sunbutter Jelly Sandwich + String Cheese	Brunch for Lunch 🐷 (GF) Scratch-Made Pepperoni Pizza Scratch-Made Cheese Pizza ✓ Yogurt (GF) & Granola ✓ EUSD Oatmeal Raisin Cookies ✓
12	13	14	15	16
Cheesy Breadstick & Marinara ✓ Scratch-Made Margarita Pizza ✓ Scratch-Made Cheese Pizza ✓ Yogurt (GF) & Granola ✓ Natural Fruit Popsicle ✓	Grass Fed Organic Beef Taco (GF) Chicken Parmesan Sandwich (NEW!) Crispy Chicken Tenders Sunbutter Jelly Sandwich + String Cheese ✓	Orange Chicken & Brown Rice Scratch Grilled Cheese Sandwich ✓ Yogurt (GF) & Granola ✓ <i>Special Valentine's Day Pizza Giveaway</i>	Fiesta Nacho Tower (GF) with Beef Chili Scratch-Made BBQ Chicken Pizza Scratch-Made Cheese Pizza ✓ Sunbutter Jelly Sandwich + String Cheese ✓	Lincoln's Birthday Observed
19	20	21	22	23
Washington's Birthday Observed	Baja Fish Tacos with Alaskan Pollock Cheese Chile Verde Tamale (GF) ✓ Crispy Chicken Breast Sandwich Sunbutter Jelly Sandwich + String Cheese ✓	Orange Chicken & Brown Rice Scratch-Made Chicken Tortilla Roll Yogurt (GF) & Granola ✓	BBQ Chicken & Mashed Potatoes (GF) Scratch-Made Hawaiian Pizza 🐷 Scratch-Made Cheese Pizza ✓ Sunbutter Jelly Sandwich + String Cheese ✓	Mighty Chicken Meatball Pasta Scratch-Made Pepperoni Pizza Scratch-Made Cheese Pizza ✓ Yogurt (GF) & Granola ✓ EUSD Black Bean Brownies ✓
26	27	28	<p><b>Breakfast: Served Daily at OK &amp; PEC</b> Breakfast served before school, 7:30-8:00 am Student Paid Price: \$2.00, Adult Paid Price: \$3.00</p> <p><b>Menu:</b></p> <ul style="list-style-type: none"> <li>-Oatmeal</li> <li>-Yogurt &amp; Granola</li> <li>-Bagel &amp; Cream Cheese</li> <li>-Healthy Cinnamon Crumble</li> <li>-Maple Mini Pancakes</li> <li>-Egg &amp; Cheese Wrap</li> <li>-Harvest Oatmeal Chewy Bars</li> <li>-Assorted WQ Cereal</li> <li>-Muffin Tops</li> <li>-String Cheese</li> <li>-Buttermilk Bars</li> </ul> <p>Includes a choice of milk, 100% fruit juice and fresh fruit</p>	
Cheesy Lasagna Rollup & Marinara ✓ Scratch-Made Pineapple Pizza ✓ Scratch-Made Cheese Pizza ✓ Yogurt (GF) & Granola ✓ Natural Fruit Popsicle ✓	Slow Roasted Carnitas Taco 🐷 (GF) Bean & Cheese Pupusa (GF) ✓ Crispy Chicken Tenders Sunbutter Jelly Sandwich + String Cheese ✓	Orange Chicken & Brown Rice Scratch Grilled Cheese Sandwich ✓ Yogurt (GF) & Granola ✓		

**Salad Bars: Fresh, Seasonal, California-Grown!**  
Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab Grown Lettuce and seasonal veggies!

**Mondays:** Grapes & Celery  
**Tuesdays:** Super Sliced Apples  
**Wednesdays:** Locally Grown Gold Nugget Tangerines & Cucumbers  
**Thursdays:** Regionally Grown Sliced Oranges  
**Fridays:** Sliced Cantaloupe  
Various dressings are offered daily including a option.

**Lunch Prices:**  
Students \$4.00  
Adults \$5.00,  
Adult Salad Bar  
only \$4.50

**Harvest of the Month**  
"Locally Grown Gold Nugget Tangerines"  
In February, students will enjoy locally grown Gold Nugget Tangerines from Escondido, CA. These sweet oranges are packed full of Vitamin C and will be on all school salad bars every Wednesday this month!

**Breakfast: Served Daily at OK & PEC**  
Breakfast served before school, 7:30-8:00 am  
Student Paid Price: \$2.00, Adult Paid Price: \$3.00

**Menu:**

- Oatmeal
- Yogurt & Granola
- Bagel & Cream Cheese
- Healthy Cinnamon Crumble
- Maple Mini Pancakes
- Egg & Cheese Wrap
- Harvest Oatmeal Chewy Bars
- Assorted WQ Cereal
- Muffin Tops
- String Cheese
- Buttermilk Bars

Includes a choice of milk, 100% fruit juice and fresh fruit



Contains Pork: 🐷 Gluten Free (GF): Vegetarian: ✓

